



SOMETHING SAVOURY

CROISSANTS

(baked here)

Plain w/ jam & butter

Ham & cheese – flat pressed

Loaded – bacon, hash brown, cheese, egg and BBQ sauce – flat pressed

ALL DAY BREKKY WRAP

Spinach & cheese frittata, bacon, cheese + tomato relish, wrapped + toasted

TOASTIES

Ham & cheese

REUBEN ROLL

silverside, thousand island dressing, sauerkraut, swiss cheese, pickle + mayo – toasted

VEGGIE WRAP (V) (DF)

Oven roasted veg, toasted in a spinach & herb wrap

VEG SEEDED MUFFIN (V) (GF)

Medley of orange veggies, spinach, cheese, pepita and sunflower seeds. Served warm

VEGEMITE SCROLL (V)

Sure to make you a happy little vegemite!

BAGELS

Breakfast - Bacon, egg, cheese, spinach, tomato chutney.

Spicy Bacon - Cheese & jalapeno bagel, bacon, cream cheese, Jibbas hot onion jam

Salmon Bagel - Smoked salmon, dill cream cheese, house pickled onion and cucumber

Bagel specials available at counter

THIRTEEN HOUSE FRITTATA (V) (GF)

Roast veg frittata served with 4 leaf lettuce, cherry toms and house dressing

Check out our fridge for more options!

SAUSAGE ROLL

bang for your buck

A pastry roll packed with beef, pork, brown rice, spinach, cheese, veg, herbs and spices

AVO SMASH OUR WAY (V)

Toast x 2 topped with spinach, smashed avo, fetta w/a hint of sweet chilli, balsamic glaze and seed mix

SAVOURY MUFFIN (V)

A taste of the Mediterranean, yep olives too!
Served toasted with butter

SOMETHING SWEET

BROWNIE

Soft and gooey w/whipped cream

SWEET GF MUFFIN

Check counter for daily special

RASPBERRY AND WHITE CHOC MUFFIN

Signature muffin bursting with the good stuff

CINNAMON SCROLL

Crowd favourite handmade and rolled each day.
Beware of imitations!

BISCUITS + CUPCAKES

Just like grandma baked them

BANANA BREAD

Home style loaf baked using ripened bananas, served toasted

SPICED CARROT CAKE

A seeded mix of carrot and spice, toasted and served with butter

ALMOND AND LEMON LOAF

Almond, lemon and blueberry loaf w/coconut yogurt